

Products & Services

Services: Health and Wellness

Michael Tackett, M.H. is available for Health & Wellness consultation. Mike is a Master Herbalist and is currently studying for his Doctor of Naturopathy degree.

HERBALIST

One who studies or practices the medicinal and therapeutic use of plants.

A form of alternative medicine. Interested parties should visit our website and fill out our client intake form prior to the first visit. The 1st consultation is free, (up to 1 hour), subsequent visits are \$20.00/half hour. You will find herbal remedies economical and best of all; no side effects. Bulk, herbs, capsules & machines, natural soaps, essential oils and related products.

FARM: A) Produce; NON GMO, Chemical Free Heirloom Plants.

B) Plants

C) Seeds

Sponsor provided services (list growing weekly)

Exercise and Self-Defense.

Site Evaluation for home gardeners

A) *Bamboo Hydroponic Systems*

B) *Hiking Staffs, birdhouses, feeders, wind-chimes, deck lights, planters, fencing and much more.*

Sponsor Drive

Sponsors are typically local business people and professionals who believe in the Mission Haven Hollow and assist in that goal.

Sponsors provide products and services at discounts to HHH members. In return, are given membership(1 per company) and recognition in HHH'media campaigns. Members will be referred to sponsors for required services. Among our sponsors to date are, Heating and Air services, Plumbing and Electrical services, Lawn and Garden services, Massage Therapists, Chiropractor and more. All the Haven Hollow's products, produce and services are discounted to our members with additional discounts to veterans and their widows.

Haven Hollow Farms and Outreach Ministries is in the process of applying for 501.3© status and expect it to be granted late fall of 2018. When that status is awarded the discounts Sponsors give our members will earn tax credits to offset any losses.

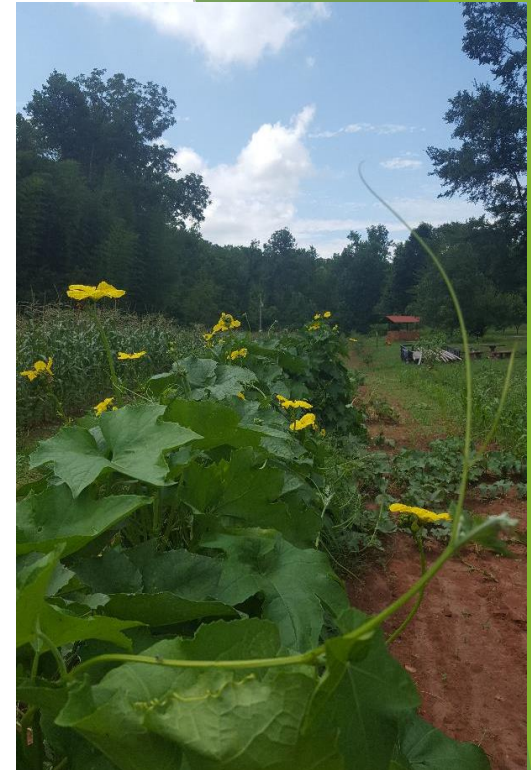
QUESTIONS?COMMENTS,SUGGESTIONS
AND SIGN UP PLEASE CALL OR EMAIL

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Email:havenhollowherbs@yahoo.com

Phone: 678-617-0873

Fax; 678-828-7585

"THE GREATEST WEALTH IS HEALTH"



HAVEN HOLLOW FARMS AND OUTREACH MINISTRIES



www.havenhollowherbs.com

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"The Greatest Wealth is Health"

About Us



**C l a s s r o o m :
R a m m e d E a r t h -
1 8 " w a l l s ,
S u s t a i n a b l e
e c h o - f r i e n d l y
D e s i g n & b u i l d i n g
c o n s u l t a t i o n
a v a i l a b l e**

Mission Statement

Our goal is to provide instruction in the various methods of Natural Healing through classes and seminars to area residents and organizations.

We also teach foraging in several locations to acquaint students with native edible and medicinal plants, how to ethically harvest and various methods of preparations. We believe in teach "Selfcare" rather than "Healthcare".

Guided by Biblical principals, we seek to assist our fellow man in the pursuit of Health and distribute freely to all our most valuable commodity : HOPE

Classes

**SIX CONSECUTIVE WEEKLY CLASSES
INTRODUCTION TO NATURAL HEALING**

Class 1

- A) Chinese and Ayurvedic Medicine
- B) Western and Native American

Herbalism

- C) Acupuncture and Acupressure
- D) Reflexology

Class 2

- A) Hydrotherapy
- B) Color (light) Therapy
- C) Sound (music) Therapy
- D) Magnetic Therapy
- E) Metal and Gem Therapy

Class 3

- A) Diagnostic Disciplines;
 - 1) Kinesiology
 - 2) Iridology
- B) Homeopathy
- C) Essential Oils and therapy

Class 4

- A) Toxemia ; The cause of all disease ?
- B) Modern American diet, you are what you eat
- C) Eliminating systems of the Body
- D) Immune System
- E) Fasting for Health

Class 5

- A) Vitamins and Minerals
- B) Methods of preparing herbal medicines.
 - Students will choose one method from a list
 - To prepare in the final class.
- C) Herbal remedies for common ailments.

Class 6

- A) Chronic Ailments
- B) Hands on preparation of herbal remedy

TAI CHI

SELF DEFENSE

COMING SOON

CLASS II:

NATURAL SOLUTIONS

FOR OUR TOXIC ENVIROMENT

Members



Mike Tackett M.H.

Membership is offered only to clients, students and sponsors. All products and services will be offered to members before other clients, students or the public. Memberships are limited and are on an "as available" basis.

Member Benefits:

10% off all products and services, including but not limited to: All produce & products

Row rental (up to 300 feet)

A voice in what we plant
Design and consultation for home gardening and hydroponic systems
Free Range EGGS

Health and Wellness: Office visits and consultations, bulk herbs, essential oils and related products. Capsule machines and caps, All classes and seminars

All products offered by Star West Botanicals (www.starwestbotanicals.com) and Southern Essentials

(www.SouthernEssentials.com)
All bamboo products: Hiking staffs, bird houses, feeders, deck lights, planters, bulk orders for fencing and crafts etc..

Exercise and self defense classes
Sponsor provided services. (list is growing weekly)

*Produce usually 10% lower than the equivalent product at the grocers

** Plowing, cultivating and annual soil amendment included (our fields are irrigated to assure yield)

Call for more info and sign up (limited to 40 families)

Sponsor Discounts for most home owner related services